

Mail entry fee and registration form to:  
Family Service of the Piedmont, 902 Bonner Drive, Jamestown, NC 27282

Name \_\_\_\_\_ email \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zipcode \_\_\_\_\_

Circle one: fun run 5k run/walk age on race day \_\_\_\_\_

gender: male female

shirt size (5K only): YM YL AS AM AL XL XXL

\*\*\*\*you will be required to sign a waiver when you pick up your race bib



**Family Service**  
OF THE PIEDMONT

***BUILDING SAFE AND HEALTHY FAMILIES  
IN THE PIEDMONT TRIAD***

Family Service of the Piedmont is a private nonprofit agency with a mission to *empower* individuals and families to **restore hope**, **achieve stability** and **thrive** through quality support services, advocacy and education.

Each year, the agency reaches more than **20,000** people through its programs and community education. Last year, we directly served **17,000** local children and adults, addressing issues of **domestic violence**, **child abuse**, **mental health** and **financial wellbeing**.

The agency operates two fully accredited **Children's Advocacy Centers** which coordinate the investigation and treatment of child sexual abuse. Last year our CAC's served **411** families, conducting **373** forensic interviews. That's about **1** case of potential child abuse investigated *each day*.

Additionally, Family Service offers a variety of programs and services to assist families in the prevention of child abuse and neglect. We strive to do all we can to help build **safe and healthy families**.

[www.SafeAndHealthyFamilies.com](http://www.SafeAndHealthyFamilies.com)

***HPU KAPPA DELTA &  
THE GUILD OF FAMILY SERVICE  
PRESENT***



***SIXTH ANNUAL  
SUPER HERO DASH***

**SUNDAY APRIL 14, 2019**  
***5K RUN/WALK  
FUN RUN***

***BENEFITING  
FAMILY SERVICE OF THE PIEDMONT  
PREVENT CHILD ABUSE AMERICA***

**THE GUILD** of  
*Family Service*  
of  
**HIGH POINT**

## PRESENTING SPONSOR



## LOCATION

HIGH POINT UNIVERSITY — INTRAMURAL FIELDS  
(ENTER AT INTERNATIONAL AVE. OFF CENTENNIAL ST.)

## DATE AND TIME

**SUNDAY APRIL 14, 2019**

**1:30** REGISTRATION & PACKET PICK UP

**2:30** FUN RUN & EGG HUNT

**3:00** 5K RUN/WALK

AWARDS IMMEDIATELY FOLLOWING 5K

## ENTRY FEE

**5K \$25** UNTIL APRIL 12

**\$30** AFTER APRIL 12  
AND ON RACE DAY

**FUN RUN \$15**

## REGISTRATION

REGISTER AT [WWW.SAFEANDHEALTHYFAMILIES.COM](http://WWW.SAFEANDHEALTHYFAMILIES.COM)

ONLINE REGISTRATION CLOSING APRIL 14

RACE DAY REGISTRATION

1:30- 2:30 ON RACE DAY

## T-SHIRTS

T-SHIRTS ARE GUARANTEED TO ALL RUNNERS WHO REGISTER BY **SUNDAY APRIL 7** AND WILL BE AVAILABLE THEREAFTER WHILE SUPPLIES LAST!

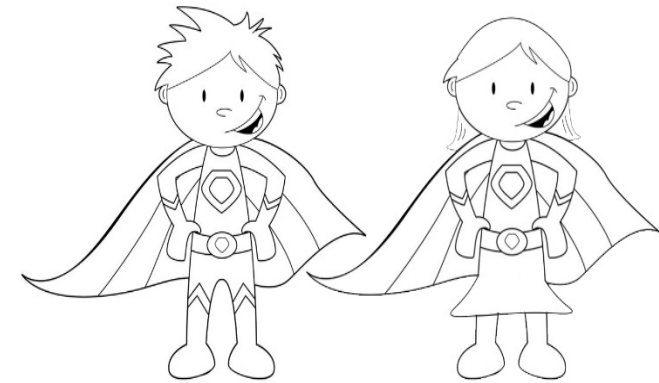
## SUPER HERO CAPES

SUPERHERO CAPES AND MEDALS WILL BE GIVEN TO ALL FUN RUN PARTICIPANTS

## AWARDS

AWARDS WILL BE GIVEN TO THE TOP THREE MALE AND FEMALE RUNNERS AND THE BEST OVERALL MALE AND FEMALE SUPERHERO COSTUME.

OFFICIAL TIMING PROVIDED BY



## RACE DAY ACTIVITIES

SUPERHERO ICE CREAM SUNDAES, FACE PAINTING, PHOTO BOOTH, EGG HUNT AND MORE!

## RACE COURSE

THE 5K WILL START AND FINISH AT HPU'S INTRAMURAL FIELDS (OFF INTERNATIONAL AVE.) AND WIND THROUGH THE BEAUTIFUL CAMPUS OF HIGH POINT UNIVERSITY!



**Family Service**

OF THE PIEDMONT