

About Our Agency

Family Service of the Piedmont, Inc. is focused on building safe and healthy families and strong communities. To do this, the agency provides counseling, victim services, and community-based programs and education.

How To Reach Us

Family Service of the Piedmont is a comprehensive, regional human service provider, headquartered in Guilford County.

www.safeandhealthyfamilies.com

Greensboro

315 East Washington Street
Greensboro, NC 27401
336-387-6161

High Point

The Slane Center
1401 Long Street
High Point, NC 27262
336-889-6161

Healthy Start



every child **needs**
a **healthy** start
to **grow.**

Healthy Start



A program of Family Service of the Piedmont

Healthy Start

Healthy Start is a home-based support program that works with pregnant women and new parents with stress factors that make parenting an even tougher job. **Healthy Start** Home Visitors help parents to nurture their children's development and create a positive living environment for their families.

Healthy Start operates throughout Guilford County. Participating families are provided parenting education and support through weekly home visits by trained Home Visitors, who focus on issues such as:

- Developmental expectations for infants
- Parenting information including appropriate forms of discipline
- Selection of a childcare provider
- Child health issues and nutrition
- Home safety
- Accessing other relevant programs at Family Service and throughout the community
- Helping parents achieve their important life goals and learn new coping skills

About In-Home Therapists

Healthy Start also offers in-home, adult individual counseling to participating families. This service targets moms/caregivers with mental health concerns, addressing issues such as depression, anxiety, and mood swings. Individual sessions are offered weekly, and services are provided for three to six months. Therapists hold a master's degree in their fields of specialty and are licensed or licensed-eligible.



A Spanish-speaking Healthy Start Home Visitor is available for Hispanic clients